

HIDDEN HELPERS

Children and adolescents with a wounded, ill, or injured veteran parent or guardian.



Questions to Ask

Parent

Do you or anyone else in the home have any military service-connected injuries or illnesses?

Does your child help with the care of the wounded, ill, or injured person?

Are there any stressors your child could use some help with?

Child

Do you help take care of anyone in your house because they were hurt in the military?

What kinds of things do you do to help them?

Are there any worries that you need help with?



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